



Aztec Studio Christmas Timetable

Christmas 2024 and New Year 2025

This is our timetable for over the festive period. If you have any queries, please check with your class instructor.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HIIT Last Class: 9 Dec Resumes: 6 Jan	Aqua Aerobics Last Class: 10 Dec Resumes: 7 Jan	HIIT Last Class: 11 Dec Resumes: 8 Jan	Flow Yoga Last Class: 19 Dec Resumes: 2 Jan	HIIT Last Class: 6 Dec Resumes: 10 Jan	Step/Combat Aerobics Last Class: 21 Dec Resumes: 11 Jan
Pilates Last Class: 23 Dec Resumes: 6 Jan	Pilates Last Class: 17 Dec Resumes: 7 Jan	Fitsteps® Last Class: 18 Dec Resumes: 8 Jan	Legs, Bums & Tums Last Class: 19 Dec Resumes: 9 Jan	Aqua Aerobics Last Class: 20 Dec Resumes: 10 Jan	Yoga Flow Last Class: 21 Dec Resumes: 4 Jan
IgniteFit* Last Class: 16 Dec Resumes: 6 Jan	Weighted Workout Last Class: 17 Dec Resumes: 7 Jan	Aqua Aerobics Last Class: 18 Dec Resumes: 8 Jan	Keibudo Karate Last Class: 12 Dec Resumes: 9 Jan	Pilates Last Class: 20 Dec Resumes: 10 Jan	Sunday Wellbeing Yoga Last Class: 15 Dec Resumes: 19 Jan
Pilates Last Class: 16 Dec Resumes: 6 Jan	Keibudo Karate Last Class: 17 Dec Resumes: 7 Jan	Zumba Last Class: 18 Dec Resumes: 8 Jan	Aqua Aerobics Last Class: 19 Dec Resumes: 9 Jan	Pilates Last Class: 20 Dec Resumes: 10 Jan	
Pilates Boost Last Class: 16 Dec Resumes: 6 Jan	Powertone Last Class: 10 Dec Resumes: 7 Jan	Old Skool Aerobics Last Class: 18 Dec Resumes: 8 Jan	Powertone Last Class: 12 Dec Resumes: 9 Jan	Men's Wellness Last Class: 20 Dec Resumes: 10 Jan	
		Boxercise Last Class: 18 Dec Resumes: 8 Jan		Power Conditioning & Stretch Last Class: 20 Dec Resumes: 10 Jan	